

Beverages

\$6.95 per gallon for:

- *Pink lemonade*
- *Sweet Tea*
- *Unsweetened Tea*
- *Regular Coffee*
- *Decaffeinated Coffee*

\$0.75 each for Coca Cola

Products including:

- *Coca Cola*
- *Diet Coke*
- *Coke Zero*
- *Sprite*
- *Diet Sprite*
- *Bottled Water*

Desserts

Assorted Cookies and Brownies Platter

\$1.89 per person



Ultimate Brownie, Blondie, Strawberry Swirl Cheesecake, and Lemon Bar Trays

\$2.49 per person

Whole Pies, Cakes and Cobblers

- **Coconut Crème Pie (serves 8) \$14.50**
- **Cherry Pie (serves 8) \$14.50**
- **Bourbon Pecan Pie (serves 8) \$12.95**
- **Pumpkin Pie (serves 8) \$10.95**
- **Triple Chocolate Cake (serves 12) \$17.50**
- **Carrot Cake (serves 12) \$16.95**
- **Assorted Cheesecake (serves 12) \$18.95**
- **Peach Cobbler (serves up to 20) \$15.00**
- **Apple Cobbler (serves up to 20) \$15.00**

Minimum of 12 servings or boxed lunches required for delivery.

Delivery or service fees may apply and may vary by location distance. Please call for details.

TRADITIONS

MORE THAN JUST A CATERING CO.

www.traditionscateringva.com

E-mail: traditionscateringva@gmail.com

Delivery Menu



Located at:

The Chesapeake Golf Club
1201 Clubhouse Drive
Chesapeake, VA 23322
757-547-8009

and

Honey Bee Golf Club
2500 South Independence Blvd
Virginia Beach, VA 23456
757-471-2472

Hot Meals

Choose any one entrée and two sides

Choose any two entrées and two sides

Add an additional entrée

Add additional sides

Add a Garden Salad or Baby Spinach Salad

All meals come with dinner rolls and butter

\$12 per person

\$15 per person

\$3 more per person

\$1.50 more per person

2.49 per person

Entrées

- * **Bistro Chicken** - Grilled chicken breast with a sweet Bistro style relish of caramelized onions, raspberry, red & green bell peppers, and Pineapple
- * **Fettuccini Alfredo** - Classic pasta tossed in a creamy Alfredo sauce, with fresh broccoli and parmesan cheese
- * **Fire Roasted Vegetable Lasagna** - Grilled zucchini, squash, onions, tomatoes, mushrooms mixed with Ricotta and Parmesan cheese in a burgundy Marinara
- * **Baked Ziti** - Classic Italian pasta baked with beef, Ricotta and Mozzarella cheese and marinara sauce
- * **Sesame Ginger Chicken** - Fresh cut chicken, lightly fried and tossed in a Sesame Ginger sauce with grilled pineapple

* **Slow Roasted Sirloin** - Carved top sirloin served with a Whiskey peppercorn sauce

* **Pepper Crusted Salmon** - Atlantic salmon, seared in olive oil and white wine, seasoned with a fresh blend of peppercorns, and topped with a fresh fruit salsa (also available grilled with no topping)

* **Sirloin Beef Tips** - Flame grilled sirloin, cooked with bell peppers and onions in a red wine gravy

* **Key West Tilapia** - Farm raised Tilapia, oven broiled with a blend of seasonings and grilled tomatoes

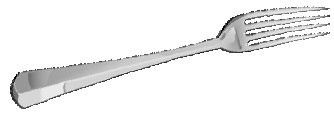
* **Roast Pork** - Slow cooked, tender pork basted with a sweet blend of seasonings



Side Items

- * **Rosemary Roasted or "Ranch" style Red potatoes**
 - * **Garlic Mashers or Rice Pilaf**
 - * **Black Beans with Corn & Rice**
 - * **Sautéed or "Country style Green Beans**
 - * **Italian Bow Tie Pasta Salad**
 - * **Orange Glazed Baby Carrots**
- * **Sautéed Vegetable Medley or Asparagus Spears**
 - * **Steamed Broccoli**





Specialty Salads, Sandwiches & Wraps



- **Garden Salad** ~ Organic field greens with shredded cheese, fresh tomato, red onion, cucumbers, and herb croutons
- **Baby Spinach** ~ A taste of wine country! Tender spinach leaves with field greens, vine ripe tomatoes, cucumbers, red onion, Feta cheese crumbles, bacon, cranberries, and walnuts
- **Classic Chicken Caesar** ~ Crisp Romaine tossed in a creamy Caesar dressing, topped with grilled chicken, herb croutons and parmesan cheese
Substitute Ahi Tuna medallions for an additional \$1.00 per portion
- **Ultimate Chef** ~ Organic field greens with deli ham, smoked turkey, bacon, shredded cheese, tomato, onion and egg
- **Balsamic Chicken** ~ Grilled chicken on organic field greens tossed with balsamic vinaigrette, topped with cut Fettuccine noodles, Cilantro Cumber salsa, and feta cheese crumbles
Offered for an additional \$1.00 per portion
- **West Coast Salmon Salad** ~ Broiled salmon filets served with tossed field greens, fire roasted corn and pepper blend, garnished with tomato, Avocado & Wasabi Ranch dressing
Offered for an additional \$1.00 per portion

Salads can be served with a selection of three (3) dressings - Ranch, Santa Fe Ranch, Blue Cheese, Fat Free Italian, Honey Raspberry Vinaigrette, Balsamic Vinaigrette, Honey Mustard, or Sesame Ginger.



Create Your Own Platter by choosing a combination of three selections!

(20) portions ~ \$70 (40) portions ~ \$120 (60) portions ~ \$165



Make any of our Specialty Salad, Sandwich & Wrap selections into Individual Boxed Lunches or Individual Salads for only \$9.00 each.

All boxed lunches come with a pickle, a granola bar or brownie, and a choice of Italian style pasta salad, Cole Slaw, or flavored Dirty Chips!

Plastic plates, plastic utensils, napkins, and condiments included with all platters and boxed lunches.

- **Santa Fe Chicken Wrap** ~ Fresh cut chicken breast, grilled and served with a spicy Santa Fe Ranch, lettuce, diced onion, blended cheese all rolled in

a sun-dried tomato tortilla

- **Caesar Wrap** ~ Marinated Grilled Chicken or Tuna, romaine lettuce, Parmesan cheese and Caesar dressing, wrapped in a warm basil herb tortilla
- **Steak or Chicken Fajita Wraps** ~ pan seared sirloin steak or chicken with onions, peppers, shredded cheese in a sun-dried tomato tortilla
- **Key West Tilapia Wrap** ~ broiled farm raised Tilapia, romaine lettuce, and a zesty tomato & red onion mix, Feta cheese, and a Santa Fe Ranch in a black bean tortillas
- **Granby Street Club** ~ Ham, smoked turkey, bacon, provolone cheese, shredded lettuce and sun-dried tomato pesto on soft French bread
- **Avocado Turkey Pretzel** ~ Smoked turkey, tomato, cucumbers, avocado, provolone cheese with a creamy Wasabi Ranch Dressing on pretzel roll
- **Chicken Salad Club** ~ Lee's homemade fresh chicken salad on toasted sourdough bread with lettuce, tomato, and bacon
- **Walnut Cranberry Chicken Salad Wrap** ~ Fresh chicken salad, walnuts, cranberries, field greens & tomatoes, in a sun dried tomato tortilla
- **BLT** ~ Thick cut Smithfield bacon, lettuce, and tomato, piled high on wheat with horseradish mayo
- **Tuscan Hoagie** ~ ham, pepperoni, Monterey Jack & Pepper cheese, oregano, red onions, red pepper aioli, and shredded lettuce on a toasted hoagie roll
- **Sirloin Sliders** ~ slow roasted Top Sirloin, with Monterey Jack cheese, lettuce, tomato and onion on a soft slider roll (served warm or cold upon request)
- **Roast Beef 'n Cheddar** ~ Sliced roast beef piled high with Cheddar cheese, tomato, and horseradish mayo on a soft Kaiser roll



BACKYARD GRILLED BARBECUE!

Choose 1 entrée and 2 sides - \$7.49 per person
 Choose 2 entrées and 2 sides - \$9.99 per person
 Choose 3 entrées and 3 sides - \$11.99 per person
 Additional sides - \$1.00 per person

(Plastic plates, plastic utensils, napkins, buns, and condiments included)

Entrees

- Carolina style Pork BBQ
- Grilled Montreal Chicken
- Chicken BBQ
- Fried Chicken
- Rotisserie Chicken
- Hamburgers
- All Beef Hot Dogs
- "Fall off the bone" tender BBQ Pork Ribs (additional \$1.49 per person)
- Slow smoked Tri-tip Beef Brisket (additional \$1.49 per person)

Side Dishes

- Fresh Cole Slaw
- Potato Salad
- Baked Beans
- Mac & Cheese
- Ranch-style Red Potatoes
- Rice Pilaf
- Garden Salad
- Black Beans & Rice
- Green Beans
- Veraacruz Succotash
- Vegetable Medley of Sautéed Zucchini, Carrots, Red Onions & Yellow Squash.
- Chicken Salad
- Hush Puppies or Dinner Rolls with butter